

Write Your Biography



The purpose of your bio is to promote your credibility as well as your style-- your professional brand. Your bio is also great for publishing links to your website, telehealth portal, or other revenue generating content like courses or eBooks published on NutriScape.Net.

These templates are offered to speed up the process of finding your voice because writing about yourself is almost never easy. Yes, you will need to tweak the wording to fit your message.

Third person biographies are preferred generally, especially for professional audience submissions. The first person biography templates may be more appropriate for consumer audiences such as recipes and telehealth submissions. Write several biographies so that we have one on hand for each type of content:

Type of Biography	Recipe	Consumer Article	Professional Article	Telehealth
Third Person Short Biography		Y		
First Person Short Biography	Y			
Third Person Long Biography			Y	
First Person Long Biography				Y

Third Person Short Biographies

[NAME] is an experienced ____, ____, and ____. Driven by ____, he/she takes pride in providing the best ____ possible. As a [ENTER JOB TITLE HERE], his/her goals include ____, ____, and ____. In addition to his/her primary job functions, [NAME] has been recognized by ____ for his/her extraordinary commitment to ____.

[NAME] has worked in the ____ industry for ____ years, gaining experience in ____, ____, ____ and _____. As a seasoned [ENTER JOB TITLE HERE], he/she is passionate about advancing ____ and _____. In addition to ____, he/she is also involved in ____ and _____. Outside of the office, [NAME] enjoys ____, ____, and _____.

[NAME] has worked in the ____ industry for ____ years, gaining experience in ____, ____, ____ and _____. As a seasoned [ENTER JOB TITLE HERE], he/she is passionate about advancing ____ and _____. In addition to ____, he/she is also involved in ____ and _____. Outside of the office, [NAME] enjoys ____, ____, and _____.

A pioneer in the ____ space, [NAME] is the [JOB TITLE] at [CURRENT COMPANY]. He/she started his/her career as the [JOB TITLE] at [PREVIOUS COMPANY], before moving on to do ____ at [PREVIOUS COMPANY]. Driven by a mission to ____, [NAME] is best known for inspiring ____ to _____.

[NAME] began his/her career with [COMPANY], gaining unparalleled experience in the ____ space, while also establishing himself/herself as a respected _____. Currently working as a [JOB TITLE] for [COMPANY], [NAME] is widely known for his/her ____, ____, and ____ expertise. While his/her speaking engagements have taken him/her around the world, [NAME] is proud to call [LOCATION] home.

[NAME] is setting a new standard for how to ____, ____, and _____. His/her commitment to ____ is changing the the way ____ handle ____ and _____. As [JOB TITLE] at [COMPANY], he/she specializes in ____ and _____.

[NAME] is a [JOB TITLE] specializing in ____, ____, and _____. Check out his/her website [LINK] or say hi on Twitter @YourHandleHere.

[NAME] is the [JOB TITLE] at [COMPANY] and loves helping people ____, ____, and ____.
He/she has spent the majority of his/her career in the ____ industry, gaining experiences in areas such as ____, ____, and _____. While ____ is his/her primary job function by day, [NAME] also enjoys ____ and _____.

Based in [Location], [Name] is best known for his/her contributions to ____ and _____. When he/she isn't busy running ____ at [Company], you can find him/her ____, ____, or _____.

First Person Short Biographies

After earning my [Degree] in [Area of Study] from [School], I entered the [Industry] world to explore my passion for ____, ____, and ____. Currently, I work as a [Job Title] for [Company], where I'm focused on ____, ____, and ____.

I've spent the last [Number] years learning everything there is to know about the ____ industry -- from ____ to _____. I'm currently applying this knowledge in my role as [Job Title] for [Company], where I'm responsible for ____, ____, and ____.

I've held a number of ____ roles, from [Role 1] to [Role 2], but my latest challenge has been helping [Company] improve ____ and ____ through my contributions as the [Job Title]. You can follow my work here [Personal Website or External Portfolio Link].

I'm a [Job Title] with a passion for ____, ____, and _____. In my [Number] years with [Company], I've helped advance ____ and ____.

I am a [Job Title] at [Company] in [Location]. In this role, I ____, ____, and _____. I work with a number of respected ____, including ____, ____, and _____. Prior to [Company], I oversaw ____ at [Previous Company].

With an extensive background in ____, I am an expert on ____ and _____. This work led me to my current role at [Company] where I am responsible for ____, ____, and _____. Some of my current projects include ____ and ____.

My name is [NAME] and I'm a [Job Title] at [Company] based in [Location]. By day, you can find me ____, ____, or _____. By night, I'm typically ____ or _____. Follow along on Twitter: @YourHandleHere.

For most people, ____ doesn't sound very interesting. For me, ____ is a passion I've been chasing for [Number] years. Most recently, my work landed me a position with [Company] where I'm focused on ____, ____, and _____. I guess you could say I'm living the dream.

Third Person Long Biographies

For over [Number] years, [Name] has been a noteworthy leader in the ____ space. You may know him/her from his/her work as the [Job Title] at [Company], but [Name] can also be credited with contributions to ____, ____, and ____.

[Name] has been honored with [Awards/Recognition] for his/her contributions to _____. He/She holds a [Degree] from [School] and currently resides in [Location].

[Name] has led an impressive career as a ____ and ____ in his/her [Number] years working in the ____ industry. In [Year], he/she was named [Award/Recognition] by [Company] for _____. [Name] has also been featured in several well-known industry publications, including ____, ____, ____, and ____.

Serving as the [Job Title] at [Company], [Name] plays a major role in ____, ____, and _____. Through his/her commitment to this role, he/she has helped [Company] improve ____, ____, and ____.

Prior to his/her current role at [Company], [Name] worked as a [Previous Role at Current Company], helping our ____ team/division with ____, ____, and _____. Before joining the [Company] team, he/she was [Previous Title] at [Previous Company] from [Start Year]-[End Year].

A self-described ____, [Name] is a [Job Title] who is committed to ____ and _____. He/she has spent the last [Number] years creating ____, and is currently most passionate about the work he/she is doing to ____.

As a [Previous Role] turned [Current Role], [Name] has developed a unique perspective when it comes to _____. Influenced by ____ and ____, he/she aspires to ____ in the next stage of his/her career.

[Name] is the [Job Title] at [Company]. Prior to [Company], [Name] was a [Previous Job Title 1] at [Previous Company 1], a ____ in the ____ space. Previously, he/she was a [Previous Job Title 2] at [Previous Company 2].

He/she has contributed to a number of different industry publications/charities/events/organizations, including ____, ____, and ____.

He/she has a [Degree] from [School] and a [Second Degree] from [Second School].

In his/her spare time, he/she ____, ____, and ____.

[NAME] is the [JOB TITLE] at [COMPANY] where he/she is responsible for ____, ____, and ____.
On a mission to ____, he/she is focused on improving ____ and creating ____.

Prior to taking on his/her role at [COMPANY], [NAME] gained experience in ____ and ____ as
the [ENTER PREVIOUS JOB TITLE] at [PREVIOUS COMPANY].

[NAME] has been featured in ____ and ____ and has spoken at several industry events,
including ____, ____, and ____.

[NAME] has is the [Job Title] at [Company], where he/she oversees [Company]'s ____ and ____.
He/she creates and delivers ____ and ____, while ____.

During his/her time at [Company], he/she has been recognized for ____ by ____ and ____.

Prior to [Company], [Name] was [Previous Job Title] at [Previous Company], where he/she
helped to ____, ____, and ____.

He/she attended [School] and currently lives in [Location].

[Name] helps people and/or businesses ____, ____, and ____.

As a [Job Title] at [Company], he/she oversees ____, as well as ____ and ____.
For [Name], doing ____ is the most rewarding part of the role.

Outside of the office, [Name] enjoys ____, ____, and ____.

[Name] has been successfully ____, ____, and ____ for over [Number] years.

As the [Job Title] at [Company], he/she has developed ____ and ____ for ____.
He/she collaborates with ____ and ____ to ____.
He/she also ____ and ____.

In his/her free time, you can find him/her ____, ____, and ____.

[Name] oversees ____, ____, and ____ at [Company]. He/she is a trusted ____ who ____ and ____.

With more than [Number] years of ____ experience, [Name] has worked on several valuable projects, including ____ and ____.

Before joining [Company], [Name] launched his/her career at [Previous Company], where he/she was responsible for ____, ____, and _____. His/her expertise and commitment ____ has allowed him/her to be recognized as a _____.

[Name] graduated with a [Degree] from [School] in [Location].

Combine ____, ____, and ____, and you have [Name]. Serving as a [Job Title] at [Company], [Name] takes on challenging responsibilities, such as ____ and ____.

He/she is a master ____, professional ____, and skillful _____. His/her impressive ____ background allows him/her to ____ and ____, while _____.

In addition to [Number] years in the business, [Name] is also _____. He/she maintains a role in ____ and _____.

Ask him/her about how to _____. It's his/her secret talent.

An ____, ____, and member of the [Company] family, [Name] is known for wearing a lot of hats. From ____ to ____, he/she can be credited with ____, ____, and ____ in his/her time as [Company]'s dedicated [Job Title].

He/she is proud alum of [School] where he/she received a [Degree]. He/she love to visit ____ and spends a lot of time doing ____, ____, and _____.

First Person Long Biographies

I joined [Company] in [Year] as the [Job Title].

Prior to [Company], I was the [Previous Title] at [Previous Company] and the [Previous Title 2] at [Previous Company 2]. During my tenure at [Previous Company], I helped the company ____, ____, and _____.

I am a graduate of [School], where I majored in [Degree]. I currently live in [Location] with _____. When I'm not keeping busy with ____, you can find me _____.

Over the course of my [Number] year career, I've worked for companies such as ____, ____, and _____. In [Month + Year], I took on the [Job Title] role at [Company] to help ____ improve ____, ____, and _____.

Since joining [Company], the most rewarding part has been ____, followed closely by _____.

My approach to ____ is largely inspired by ____, which you'll find reflected in my ____ and _____.

If you're looking for someone to talk to about ____, reach out on Twitter @YourHandleHere or via email: [Email].

As the [Job Title] at [Company], I am responsible for ____, ____, and ____, while _____. [Company]'s mission is to ____, and I support this by ____, ____, and _____.

In [Year], I successfully executed ____, helping my team achieve ____ in just [Number] months.

I earned a [Degree] in [Focus Area] at [School] in [Location]. Go [School Mascot]!

I believe that ____ requires ____ and _____. In my role as a [Job Title] at [Company], I aspire to live up to this notion by ____, ____, and _____.

With a background in ____, I am passionate about ____ and _____. My professional values can be summed up as follows:

[Value 1]

[Value 2]

[Value 3]

Reach out if you want to talk about ____, ____, ____, or the latest episode of ____: @YourTwitterHandle.

From ____ and ____ to ____ and ____, I've developed a deep understanding of ____ over my [Number] years in the ____ industry.

As a ____ professional, I take pride in ____ and thrive on _____. I enjoy working in a ____ environment, as it allows me to ____, ____, and _____.

Currently, I work as a [Job Title] at [Company], where I am focused on ____ and _____. During my time at [Company], I have helped the [Your Department] team ____ and _____, while maintaining ____ and _____.

I run ____ at [Company], which includes ____, ____, and _____. In this role, I oversee ____ and _____, while keeping a close eye on _____.

As a result of this ____ experience, I have a seasoned perspective on how to ____ and _____. When I'm not keeping busy with ____ and _____, I enjoy ____ and _____.

As a [Job Title], I'm responsible for overseeing ____, ____, and _____. I'm particularly involved with ____ and _____, as my primary goal is to _____.

I bring over [Number] years of experience to my role, including experience working with ____, ____, and _____. As a result of this background, my approach is very ____ and I bring a high level of ____ to the work.

Outside of [Company], I am a self-proclaimed ____ who likes to ____ and _____.

As the [Job Title] at [Company], I'm here to ensure we ____ and never _____. Previously the [Previous Job Title] at [Previous Company], I bring a unique perspective to the work we do by pushing the team to ____ and _____.

With a knack for ____ and _____, I'm passionate about finding innovative ways to ____ and _____. As a result, I've been recognized by ____ and _____ for my contributions to _____.

I am a [School] graduate with a [Degree] in [Focus Area].

I am a [Job Title] from [Hometown] who currently lives and works in [Location]. I like to consider myself one part ____ and another _____.

I spent the early part of my career doing ____, before transitioning to _____. Currently, I work as a [Job Title] for [Company], where I joined in [Month + Year].

The best part of what I do? _____. Hands down.

A true ____ in every way, I enjoy spending time doing ____ and _____.

I am a professional _____ who is constantly questioning _____ and _____.

I currently live and work in [Location] by way of [Hometown]. I'm passionate about my role as a [Job Title] because it allows me to _____, _____, and _____.

I've been told that I have a great frame of reference in _____, which has helped me _____ and _____ during my time at [Company].

One day I wanted to _____, but until then, I'll continue to help _____ with _____ and _____, every day.

Want to talk shop? Reach out via Twitter: @YourHandleHere.